





The Gardens of Sun City understands caregiving is a demanding role. It's easy to neglect your own health and well-being when you are deeply involved with addressing your loved one's needs. To relieve stress and prevent burnout, caregivers need a periodic break to recharge and enjoy their own lives.

No matter what length of time they stay with us, you can rest assured that your loved one will be treated like a member of our own family because we make life better – for everyone. We strive to offer the most friendly and personable experience. We provide a wide variety of engaging and interesting community programs so our residents and guests can enjoy the best possible quality of life.

Starting at: \$175 assisted living respite \$200 memory care respite



Respite Program



The Gardens of Sun City's Respite Program benefits:

- Family caregiver relief
- Support and companionship
- Secure environment
- Physical and mental stimulation
- Meal preparation
- Assistance with eating, toileting, personal care, etc.
- General supervision
- All of our community amenities in a warm, inviting community

Call us today to schedule your stay,



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gardensofsuncity.com