

March 2022

Memory Care Activity Calendar



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p style="text-align: center;"><i>17225 North Boswell Boulevard Sun City, AZ 85373 (623) 933-2222</i></p>		Mardi Grass 1 9:00 ↔ Tic Tac Toss 9:45 ↔ Infusion Bar 10:15 🌱 Putting Puzzle Together 1:30 🎲 Bingo 2:30 🎲 Mardi Grass Parade Video 5:00 ❤️ Tablet for Relaxation 6:00 ❤️ Timeless Melodies Choir Club	Ash Wednesday 2 9:00 ↔ Weight Training 9:45 ↔ Infusion Bar 10:15 🌱 Word Storm 12:30 ⭐ Sorting Socks 1:30 🎲 Prize Bingo 2:30 🎲 Music with Sam Stefanski 5:00 ❤️ Sentimental Serenity	3 9:00 ↔ Table Ball Table Pong 9:45 ↔ Infusion Bar 10:00 🌱 Word Wall 1:30 ⭐ Baking Cookies 3:00 🌱 Dominoes Club 5:00 🎲 Taste of Home 6:00 🦋 Daily Devotions	4 9:00 ↔ Balance Boogie 9:45 ↔ Infusion Bar 10:15 🌱 Travel Word Game //Food Combos 12:30 🎲 Chair Travel Ireland 2:00 🎲 Gospel Music with Tim 3:15 ⭐ Stamp art 5:00 ❤️ Meditation Circle 6:00 🌱 Montessori Life	5 9:00 ↔ Free Trow Competition 9:45 ↔ Infusion Bar 10:15 🌱 A world of Good News 1:00 🎲 Be Our Guest 2:00 🎲 Garden Rocks 3:00 🌱 Puzzle Club 5:00 ❤️ Mindfulness Meditation 6:00 🎲 Movie& Popcorn
6 9:00 ↔ Ageless Grace 9:45 ↔ Infusion Bar 10:00 🦋 TV Mass 10:15 🎲 Baking Corner 1:00 🎲 Bingo 2:00 🎲 Green Thumb Gardeners 5:00 🦋 Weekend Worship //Favorite Hymns	7 9:00 ↔ Bowling 9:45 ↔ Infusion Bar 10:15 🌱 Group Imaginations 1:00 🎲 Putting Puzzle Together 2:00 🎲 Cookie And Conversation 3:00 ❤️ Singalong 5:30 🦋 Prayer of Group Spiritual Reading	8 9:00 ↔ Seated Soccer // Football 9:45 ↔ Infusion Bar 10:00 ↔ Master Minds 1:30 🎲 Bingo 2:30 ❤️ Womens Day Celebration Music with Glenn Miller 5:00 ❤️ Chicken Soup for the Soul 6:00 🦋 Timeless Melodies Choir Club	9 9:00 ↔ Badminton 9:45 ↔ Infusion Bar 10:15 🌱 Finishing Lyrics and Finishing Lines 1:00 🎲 Irish Craft 2:30 ⭐ Birthday Bash 5:00 ❤️ Music in Motion 6:00 ❤️ Chapter Chat	10 9:00 ↔ Bean Bag Toss 9:45 ↔ Infusion Bar 10:15 🌱 Mind Start Puzzling 1:30 🎲 Prize Bingo 3:00 🎲 Art Class 5:00 🎲 Riddle me this 6:30 ❤️ Sentimental Serenity	11 9:00 ↔ Baget Golf 9:45 ↔ Infusion Bar 10:15 🌱 Tablet for Coloring 1:00 🎲 Trips & Travels 2:30 ⭐ No Bake Items 3:30 🎲 Uncorked 5:30 🌱 Chicken Soup for the Soul 6:30 🌱 Montessori Moments	12 9:00 ↔ Meditation and Relaxion 9:45 ↔ Infusion Bar 10:15 🌱 A World of Good News 1:00 🎲 Puzzle Club 2:30 🎲 Armchair Travel Ireland 5:00 🌱 Meditation Circle 6:30 🎲 Movie& Popcorn
Daylight Saving Time Begins 13 9:00 ↔ Ribbon Dance 9:45 ↔ Infusion Bar 10:00 🦋 TV Mass 10:15 ⭐ World of Color Art 1:00 🌱 Creating Firework Art 2:30 🎲 Green Thumb Gardeners 5:00 🦋 Daily Devotions	14 9:00 ↔ Frisbee Golf 9:45 ↔ Infusion Bar 10:15 🌱 Breaking Bread 1:00 ⭐ Crafty Club/Stained Glass 2:30 🌱 Dominoes Club 5:00 🦋 Prayer or Group Spiritual Reading 6:30 ❤️ Soft Music	15 9:00 ↔ Basketball 9:45 ↔ Infusion Bar 10:15 🌱 History of Film 1:00 🎲 Makeover Madness Photo Shoot 2:30 🎲 Chair Travel /France 5:00 ❤️ Mindfulness Meditation 6:30 ❤️ Timeless Melodies Choir Club	16 9:00 ↔ Horse 9:45 ↔ Infusion Bar 10:15 🌱 National Gallery of Art Washington DC Virtual Visit 1:00 ⭐ Folding Towels 2:30 🎲 Manicure Madness 3:30 🌱 Puzzle Club 5:00 ❤️ Music in Motion 6:30 ❤️ Chapter Chat	St. Patrick's Day/Frends& Family Welcome Events 17 9:00 ↔ Senior Stretch 9:45 ↔ Infusion Bar 10:00 🎲 Car Show 1:00 🎲 Be Our Guest 2:00 ❤️ Crafty Club/Picture Perfect 3:00 🎲 Irish Music with Lindsey B 3:15 🌱 Trivia Time 5:00 🎲 Resident Spot Lite /My Histpry 6:30 ❤️ Tablet for Relaxation	18 9:00 ↔ Balloon Toss 9:45 ↔ Infusion Bar 10:15 🌱 National Museum of Modern &Contemporary Art 1:00 🎲 Bingo 2:30 🎲 Tips And Travels 5:00 🎲 Uncorked 6:00 ❤️ Music in Motion 6:30 🌱 Montessori Life	19 9:00 ↔ Bocca Ball 9:45 ↔ Infusion Bar 10:15 🌱 A Word of Good News 1:00 🎲 Be Our Guest 2:00 ⭐ Puzzle Club 3:00 ❤️ Cooking Club/French Cuisine 5:00 ❤️ Sentimental Serenity 5:30 🎲 Movie& Popcorn
20 9:00 ↔ Seated Aerobics 9:45 ↔ Infusion Bar 10:00 🦋 TV Mass 10:30 🌱 Team's Choice Trivia 1:00 ⭐ World Of Color 2:30 🎲 Green Thumb Gardeners 5:00 ❤️ Tablet for Relaxation 6:00 🦋 Church Gathering and Worship	21 9:00 ↔ Bag Toss 9:45 ↔ Infusion Bar 10:15 🌱 Word Search 1:00 🎲 Bingo 2:30 ⭐ Leaf and Floral Printing 3:30 🎲 I love Lucy 5:30 ❤️ Mindfulness Meditation	22 9:00 ↔ Volleyball 9:45 ↔ Infusion Bar 10:15 🌱 Pictionary 1:00 ⭐ Bird Feeders 2:30 🎲 Sunshine Social 3:30 🌱 Magazine Search 5:00 🦋 Prayer of Group Spiritual Reading 5:30 🦋 Timeless Melodies Choir Club	23 9:00 ↔ Agua Toss 9:45 ↔ Infusion Bar 10:15 🌱 Crossword Puzzle 1:30 🎲 Prize Bingo 2:30 ⭐ Nursing Life Station 3:00 🎲 Happy Trails 5:00 ❤️ Chicken Soup for the Soul 6:00 ❤️ Chapter Chat	24 9:00 ↔ Mimicked Stretch 9:45 ↔ Infusion Bar 10:15 🌱 This Day in History 1:00 ⭐ Community Chores 2:00 🌱 Putting Puzzle Together 3:00 🎲 Ice cream Social 5:00 🦋 Meditation Circle 6:00 ❤️ Soft Music for Relaxion	25 9:00 ↔ Trow Tic Tac Toe 9:45 ↔ Infusion Bar 10:15 🌱 Four Word Phrases 1:00 🎲 Trips and Travels 2:00 ⭐ Words of Wisdom 3:00 🎲 Uncorked 5:00 ❤️ Music in Motion 6:00 🌱 Montessori Life	26 9:00 ↔ Irish Chair Dance 9:45 ↔ Infusion Bar 10:15 🌱 A Word of Good News 1:00 🎲 Be Our Guest 2:00 ⭐ Puzzle Club 3:00 🎲 Birdscaping: Attracting and Recognizing your Native Birds 5:00 🦋 Daily Devotions 5:30 🎲 Movie& Popcorn
27 9:00 ↔ Rocking and Rolling 9:45 ↔ Infusion Bar 10:00 🦋 TV Mass 10:30 🌱 Name that Job 1:00 🎲 Bingo 2:30 ⭐ World Of Color 5:30 🦋 Church Gathering and Worship 6:30 ❤️ Tablet for Relaxation	28 9:00 ↔ Kickball 9:45 ↔ Infusion Bar 10:15 🌱 Link Think 1:00 ⭐ Staff Appreciation : Aroma Sachets 2:30 ⭐ Painting Watercolor dreidels 5:00 ❤️ Relaxing Nature Videos 6:30 🦋 Prayer of Group Spiritual Reading	29 9:00 ↔ Sittercise 9:45 ↔ Infusion Bar 10:15 🌱 Travel World Game /US Presidents 1:00 🎲 Comedy Hour 2:30 ❤️ Hand Massages 3:30 ❤️ Chicken Soup for the Soul 5:00 🌱 Montessori Life 6:00 🦋 Timeless Melodies Choir Club	30 9:00 ↔ Chair Dance 9:45 ↔ Infusion Bar 10:15 🌱 Travel Word Game Peacemakers 1:30 ⭐ Walker Bags 2:30 🎲 Flag Color Parfaits Social 3:30 🌱 Reading Round Table 5:00 ❤️ Mindfulness Meditation 6:00 ❤️ Chapter Chat	31 9:00 ↔ Sports Moves 9:45 ↔ Infusion Bar 10:15 🌱 Finish the Phrase 1:30 🎲 Bingo 2:30 🎲 Birthday party with Less Koal 3:30 🌱 Dinner Menu Chat 5:00 ❤️ Tablet for Relaxation 6:00 ❤️ Hot Chocolate & Soft Music	<div style="display: flex; align-items: center;"> <div style="flex: 1;"> <ul style="list-style-type: none"> ❤️ Emotional ❤️ Emotional 🌱 Intellectual ↔ Physical ⭐ Purposeful 🎲 Social 🦋 Spiritual </div> <div style="flex: 2; text-align: center;"> <p><i>“What good is the warmth of summer, without the cold of winter to give it sweetness.”</i></p> <p><i>— John Steinbeck</i></p> </div> </div>	